



## November 2015 Meeting Minutes

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The November meeting for AYHSC was held on November 5th, 2015 from 5:30-7:00pm in the Whittemore Robbins House.

### **In Attendance:**

**Adults:** Ivy Laplante, Karen Dillon, Stephen Porciello, Mike Leach, Linda Suzuki, Dr. Pat Egan, Cindy Bouvier, Paul Franzosa, Jeannette Hawley, Carlene Newell, Jack Flood and Lauren (AYCC social work intern).

**Students:** Cooper Schoenthaler, Nora Maybury, Olivia Graceffa, Julie Powers, Rebecca Choi, Catie Blair and Annie Keller.

### **I. Welcome**

**Introductions** - Student Advisors and community members all introduced themselves and their respective roles in our community.

### **II. Old Business**

**Opioid Forum:** Coalition members who attended to forum in October were asked to share their impressions. Some comments included: "Excellent quality of panel, proud of our town for presenting something such a current topic, it brought a doctor to our coalition, spread our charter, panelists were genuine and spoke from the heart."

**Now what?** What are the next potential steps to continue our momentum in the area of RX and Opioid abuse prevention and success?

- Potential outreach to realtors (drugs are access during open houses)
- Letter to homeowners/sellers
- Mike Leach has a connection to a group that created an initiative like this (with realtors)
- Carlene has contacts in local Real Estate
- Julie knows someone who owns a large real estate company in town
- Share forum video with health care providers
- Pull together a list of resources to share with providers

### **A. Student Coalition Updates**

#### **Student Advisors Agenda Item:**

**Llamas and Courts:** The activity at LLamas is picking up again and also there is gathering and drinking at Courts (basketball courts behind AHS).

Students are talking about substance use in classes (half joking) and teachers don't seem to know what to say or how to react. Teachers are the eyes and ears of the building. They are also mandated reporters. Perhaps teachers should have intervention training. Someone suggested having a suggestion box at AHS. Ivy will talk to Dr. Janger.

### **B. Current Project Updates**

**Marijuana Forum:** Event is sponsored by the coalition and coming up. Parents were asking about it at Town Day. Volunteers are needed at the forum. Students advisors who volunteered: Cooper, Julie and Annie Keller.

**YRBS Result Presentation to Parents:** December 1st we are presenting the YRBS results to parents as a Parent Forum. we would like volunteers to help facilitate the discussion. **NOTE:** *This presentation is postponed until the new year.*

**BSAS grant:** Underage Drinking (Key Stakeholders Interviews, Sticker Shock): Arlington was awarded this grant as a part of a collaboration with Cambridge, Somerville and Everett. The grant is focused on collecting and analyzing data about underage drinking. Part of the data collection involves interviews with key stakeholders (students, coalition members). We need coalition members who are willing to be interviewed

and also want to conduct interviews. We will email out the sample interview questions and ask for any edits/changes.

**Five minutes to think of five successes:** Coalition took five minutes to stretch and have a break

### III. New Business

**A. Community Outreach Sub-committee at the Ottoson:** Jack Flood spoke about this new sub-committee at OMS. It's leadership team is comprised of staff, teachers and counselors. they held an initial brainstorming session and identified three areas of focus:

**1) Environment and Culture:** Improve teaching, communication with students etc.

**2) Supporting All Learners:** Take a closer look at services offered and needs of students. Goal is to support all kids and follow the underserved, and have an equitable approach for all.

**3) Community Engagement:** Meeting the needs of all students and engaging all stakeholders in the community. In turn members of the community i.e.: local govt., govt, agencies, youth serving agencies, non profits, businesses and citizens reach out and provide cohesive care to youth in our community. Goal is to have a collective impact.

**How can we work together:** Develop discussion points and set up meetings to focus on the best interest of the students. AYHSC is a part of this collaborative. After the first year the subcommittee will assess and determine the next steps.

**B. Comprehensive Strategies Intervention:** Topic: Reported Marijuana Use behind CVS.

Coalition Members broke up into pairs and took a section of the intervention map to discuss marijuana use in the CVS parking lot during free periods, before and after school.

The groups reported their results to the coalition.

*Policies/Regulations-* More laws to help cops have jurisdiction, mandatory sign out from school to prevent kids from leaving X-block during the day to go smoke

*Provide Information-* Meet with the general manager of CVS and inform them of the problem, provide information of smoking negative effects in X-block sessions

*Build Skills-* Teachers - identify intoxicated students, stress management skills building

*Provide Support-* Train Coalition members in SBIRT

*Access/Barriers-* Install a backdoor camera (up path out the back door), hire a security person as a warning sign

*Incentives/Disincentives-* have Coalition members meet outside, install a stinky dumpster

*Physical Design-* signage, lights, block path, work with CVS management

**\*ACTION ITEMS:** Ivy/Karen meet with CVS, Dr. Egan look into SBIRT training for teachers

**E. Community Update- "What's Happening in Arlington?"**

**Meeting Adjournment 7:00 pm**

Next Coalition Meeting - December 3rd, 2015 at 5:30pm - Whittemore Robbins House