Massachusetts Department of Public Health
Bureau of Substance Abuse Services
Office of Youth and Young Adult Services

Massachusetts Youth & Young Adult Substance Abuse Services Directory

This directory lists programs that are licensed and/or receive funding through the MDPH/BSAS. Please contact CICC or the Helpline listed below, for additional resources in Massachusetts.

For free and confidential help with finding the right youth service or program call:

Central Intake and Care Coordination (CICC)

617-661-3991
or toll free at 866-705-2807

TTY: 617-661-9051

www.healthrecovery.org

For information on youth and adult programs call:
Massachusetts Substance Abuse Information and Education Helpline

800-327-5050
TTY: 888-448-8321

www.helpline-online.com

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MA Department of Public Health (MDPH)
Bureau of Substance Abuse Services (BSAS)

The MDPH-BSAS oversees the substance abuse and gambling prevention and treatment services in the Commonwealth. Responsibilities include: licensing programs and counselors; funding and monitoring prevention and treatment services; providing access to treatment for the indigent and uninsured; developing and implementing policies and programs; and tracking substance abuse trends in the state.

Office of Youth and Young Adult Services (OYYAS)

OYYAS staff design, implement, and oversee programs, policies, and initiatives that are created by the Bureau to address substance abuse issues among youth and young adults. Responsibilities include: building and maintaining system capacity across the continuum of care, providing effective, accessible, and affordable substance abuse treatment for youth and their families, which utilize evidenced based practices, are youth focused, inclusive of family and caregiver involvement, in coordination with other state agencies and youth service providers.

Massachusetts Department of Public Health
Bureau of Substance Abuse Services

250 Washington Street, 3rd Floor
Boston, MA 02108

BSAS Main Number:
617-624-5111 TTY 888-448-8321
Fax: 617-624-5185
www.mass.gov/dph/bsas

Office of Youth and Young Adult Services

Jennifer Tracey, Director
Jennifer.Tracey@state.ma.us
617-624-5381

Brian Miller
Brian.Miller@state.ma.us
617-624-5161

Nathaly Diaz, Administrative Assistant
Nathaly.Diaz@state.ma.us
617-624-5152

www.mass.gov/dph/youthtreatment

Finding the right treatment for adolescents.

If you or someone you care for is experiencing difficulties due to their alcohol and/or other drug use, here are some questions to consider when selecting a service or treatment program:

Does the provider or program accept your health insurance? If not, will they work with you on a payment plan, have a sliding scale, or find other means of payment for you?

Is the program state licensed, and are staff licensed professionals trained in addiction treatment?

Does the program offer a full range of services needed to support an individuals recovery process, including help for substance abuse and mental health problems if applicable?

Does the program provide treatment services that are appropriate and sensitive to age, gender, race, sexual orientation, culture, and physical abilities?

Will there be ongoing assessment of an individual's treatment plan to ensure that it meets their changing needs?

Are services or referrals offered to family members to support their understanding of addiction and the recovery process? How does it help guide them in supporting the recovering individual?

Is aftercare support and referral encouraged and provided?

Call **Central Intake and Care Coordination**

617-661-3991, or toll free at 866-705-2807
TTY: 617-661-9051

to find the right treatment program.

Getting information on health insurance.

"My Health Care Options", the Massachusetts Quality and Cost website, is designed to be easy to use and understand and is intended to provide accurate and up-to-date information for consumers. This information comes from state and federal data-bases as well as other independent sources.
www.mass.gov/myhealthcareoptions

The MassHealth program provides comprehensive health insurance - or help in paying for private health insurance - to more than one million Massachusetts children, families, seniors, and people with disabilities. 1-888-665-9993
www.mass.gov/MassHealth

The "Health Connector" has information on subsidized and affordable health insurance plans for income eligible MA residents. Connector staff can also refer you to other health care options such as MassHealth and the Health Safety Net depending upon your individual circumstances. 1-877-MA-ENROLL (1-877-623-6765) or www.mahealthconnector.org

"Health Care For All" is a consumer health advocacy organization that provides residents of Massachusetts with information and resources to help navigate the health care system. The site offers resources such as a consumer helpline and other information on health coverage in Massachusetts. www.blog.hcfama.org

Parent/Guardian Resources

Bureau of Substance Abuse Services
www.mass.gov/dph/bsas

Learn To Cope
www.learn2cope.org/

Massachusetts Organization For Addiction Recovery
www.moar-recovery.org/

Massachusetts Al-Anon and Alateen
www.ma-al-anon-alateen.org/

The Partnership at Drugfree.org
www.drugfree.org/

Parents: The Anti-Drug
www.theantidrug.com/

Join Together
www.jointogether.org/

NIDA for Teens
www.teens.drugabuse.gov/

SAMHSA'S Mental Health Information Center
www.mentalhealth.samhsa.gov/cmhs/

Outpatient Providers Serving Adolescents

The Massachusetts Department of Public Health, Bureau of Substance Abuse Services supports and licenses services throughout Massachusetts for young people with substance abuse issues, including community-based outpatient assessment and counseling. Below is a list of outpatient providers who work with adolescents.

Call the outpatient programs listed below directly to make a referral or to find out more information.

Boston Region

Bay Cove Human Services, Inc./Chelsea ASAP
100 Everett Avenue, Unit 4 Chelsea, MA 02150
617-884-6829 www.baycove.org/

Boston Public Health Commission, South Boston Collaborative Center 8 Rev. Burke Street South Boston, MA 02127
617-534-9515 www.southbostoncollaborativecenter.org/

Bridge Over Troubled Waters
47 West Street Boston, MA 02111
617-423-9575 www.bridgeotw.org/

Children's Hospital Boston (Suboxone Treatment Available)
300 Longwood Avenue Boston, MA 02115
617-355-2727 www.childrenshospital.org/

Children's Hospital, Martha Elliot Health Center
75 Bickford Street, Jamaica Plain 02130
617-971-2100 www.childrenshospital.org/

Boston Region (Continued)

The Dimock Center
40 Dimock Street Roxbury, MA 02119
617-442-8800 www.dimockcenter.org/

Gavin Foundation, Center for Recovery Services
49 L Street South Boston, MA 02127
617-268-5000 www.gavinfoundation.org/

Latin American Health Institute
95 Berkeley Street Boston, MA 02116
617-350-6900 www.lhi.org/

Massachusetts General Hospital, Addiction Recovery
Management Services 151 Merrimac Street Boston, MA 02114
617-983-6047 www.massgeneral.org/

Sydney Borum Health Center
130 Boylston Street Boston, MA 02116
617-457-8140 www.jri.org/

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finding the right youth service or program call:

Central Intake and Care Coordination (CICC)

617-661-3991
or toll free at 866-705-2807

Metro-West Region

Advocates, Inc.
340 Maple Street Marlborough, MA 01752
508-485-9300 www.advocatesinc.org/

Bay State Community Services
549 Columbian Street Weymouth, MA 02190
781-331-1906 www.baystatecs.org/

Bay State Community Services, Center for Community Counseling and Education 32 Common Street Walpole, MA 02081
508-668-3223 www.baystatecs.org/

Bay State Community Services
13 Temple Street Quincy, MA 02169
617-472-6027 www.baystatecs.org/

Genesis Counseling Services
24 Union Avenue, Suite 11 Framingham, MA 01701
508-620-2992 www.genesiscounselingservices.org/

Mount Auburn Hospital
330 Mount Auburn St Cambridge, MA 02138
617-499-5052 www.mountauburnhospital.org/

Somerville Mental Health Association
5 Hall Avenue Somerville, MA 02144
617-623-3278 www.somervillementalhealth.org/

Northeast Region

Amesbury Psychological Center
24 Morrill Place Amesbury, MA 01913
978-388-5700 www.amesburypsychological.com/

Cab Health and Recovery Services, Inc.
27 Congress Street, Ste, 105 Salem, MA 01970
978-740-1580 www.cabhealth.org/

Lowell House
555 Merrimack Street Lowell, MA 01854
978-459-8656 www.lowellhouseinc.com/

Team Coordinating Agency, Inc.
76 Winter Street Haverhill, MA 01830
978-373-1181 www.teamca.net/

The Psychological Center, Inc.
11 Union Street Lawrence, MA 01843
978-685-1337 www.psychologicalcenter.com/

Southeast Region

Community Care Services
140 Park Street Attleboro, MA 02703
508-222-7525 www.communitycareservices.org/

Community Care Services
70 Main Street Taunton, MA 02780
508-821-7777 www.communitycareservices.org/

Family Service Association of Fall River
151 Rock Street Fall River, MA 02720
508-678-7542 www.frfsa.org/

Southeast Region (Continued)

Gosnold, Inc.
196 Ter Heun Drive Falmouth, MA 02540
508-548-7118 www.gosnold.org/

Gosnold, Inc.
111 Torrey Street Brockton, MA 02301
508-540-6550 www.gosnold.org/

Gosnold, Inc.
1185 Falmouth Road Centerville, MA 02632
508-540-6550 www.gosnold.org/

High Point Treatment Center
10 Meadowbrook Road Brockton, MA 02301
508-842-4420 www.hptc.org/

High Point Treatment Center
842 Purchase Street New Bedford, MA 02740
508-992-1500 www.hptc.org/

High Point Treatment Center
2 School Street Plymouth, MA 02360
508-830-1234 www.hptc.org/

High Point Treatment Center
4 Post Office Square Taunton, MA 02780
508-823-5291 www.hptc.org/

Latin American Health Institute
142 Crescent Street Brockton, MA 02302
508-941-0005 www.lhi.org/

Southeast Region (Continued)

Old Colony Y Mental Health
15A Bolton Place Brockton, MA
508-583-2155 www.oldcolonyymca.org

Seven Hills Behavioral Health
34 Gifford Street New Bedford, 02744
508.999.3126 www.sevenhills.org/

Seven Hills Behavioral Health
1402 Pleasant Street Fall River, MA 02723
508-679-0962 www.sevenhills.org/

South Bay Mental Health
37 Belmont Street Brockton, MA 02301
508-580-4691 www.southbaymentalhealth.com/

Stanley Street Treatment and Resources, Inc
386 Stanley Street Fall River, MA 02720
508-679-5222 www.sstar.org/

Central Region

Community Health Link
71 Jaques Street Worcester, MA 01610
508-860-1000 508-791-3261
www.communityhealthlink.org/

George Wells Human Service Center
29 Pine Street Southbridge, MA 01550
508-765-9167 www.harringtonhospital.org/

Central Region (Continued)

Henry Lee Willis Community Center, Inc.
44 Front Street Suite 380/490 Worcester, MA 01608
508-755-9471 www.williscenter.org/

LUK Inc.
545 Westminster Street Fitchburg, MA 01420
978-345-0685 www.luk.org/

North Central Human Service
31 Lake Street Gardner, MA 01440
978-632-9400 www.northcentralhumanservices.org/

Spectrum Outpatient Services
585 Lincoln Street Worcester, MA 01605
508-854-3320 www.spectrumhealthsystems.org/

Youth Opportunities Upheld, Inc. (Y.O.U., Inc.)
81 Plantation Street Worcester, MA 01604
508-849-5600 www.youinc.org/

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finding the right youth service or program call:

Central Intake and Care Coordination (CICC)

617-661-3991
or toll free at 866-705-2807

Western Region

The Brien Center for Mental Health and Substance Abuse Services, Inc.
60 Cottage Street Great Barrington, MA 01230
413-528-9156 www.briencenter.org/

The Brien Center for Mental Health and Substance Abuse Services, Inc.
25 Marshall Street North Adams, MA 01247
413-664-4541 www.briencenter.org/

The Brien Center for Mental Health and Substance Abuse Services, Inc.
251 Fenn Street Pittsfield, MA 01201
413-496-9671 www.briencenter.org/

The Carson Center for Human Services
20 Broad Street Westfield, MA 01085
413-568-1421 www.carsoncenter.org/

Child Guidance Clinic, Behavioral Health Network, Inc.
110 Maple Street Springfield, MA 01105
413-732-7419 www.bhninc.org

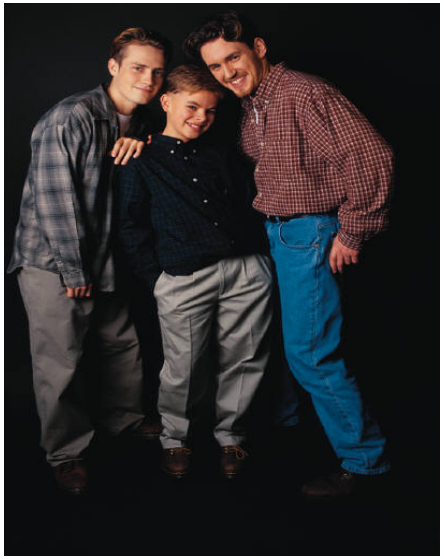
Clinical & Support Options
17 New South Street Northampton, MA 01060
413-582-0471 www.csoinc.org/

Western Region (Continued)

Gandara Center, Inc.
2155 Main Street Springfield, MA 01104
413-736-0395 www.gandaracenter.org/

Phoenix Academy at Springfield
15 Mulberry Street Springfield, MA 01105
413-739-2440 www.phoenixhouse.org/

Wing Memorial Hospital Griswold Center
40 Wright Street Palmer, MA 01069
413-283-7651 www.umassmemorial.org/



Youth Stabilization and Detoxification Units

The Bureau of Substance Abuse Services (BSAS) in seeking to create an effective and responsive continuum of substance abuse treatment services for adolescents, as well as to meet a growing demand for acute care, created in 2007 the first state-funded youth stabilization and detoxification unit in Massachusetts. These units provide youth in crisis with a safe, temporary, protective environment in which they can receive the care, supervision, assessment, and medical monitoring necessary to facilitate stabilization of their physical and emotional states.

Once stabilized, youth receive a comprehensive bio-psycho-social assessment of their substance use, social, emotional, behavioral, and mental health needs. With this information, staff can develop appropriate aftercare resources and referrals for adolescents and their family.

The youth stabilization and detoxification services are for males and females between the ages of 13 and 17. Their length of stay is determined on their individual assessment and treatment planning needs, (an average stay is 14 days). Insurance may cover the cost of these services.

Call the stabilization programs listed below directly to make a referral or to find out more information.

MYR (Motivating Youth Recovery)
Community Health Link
12 Queen Street, Worcester, MA 01610
508-860-1244
TTY 508-860-5641
www.communityhealthlink.org/

The CASTLE (Clean and Sober Teens Living Empowered)
High Point Treatment Center
10 Meadowbrook Road, Brockton, MA 02301
508-638-6000
www.hptc.org/

Youth Stabilization and Detoxification Units

Youth Residential Treatment Programs

Residential substance abuse treatment is appropriate for youth experiencing health, emotional/behavioral, family, developmental and/or social problems as a result of alcohol and other drug use, and whose issues have not been resolved in less intense, community-based levels of care. There are currently five gender-specific residential programs (three male and two female programs). These are short-term substance abuse treatment services for medically stable youth. Four of the programs serve youth between the ages of 13 and 17, with one program serving female young adults. A youths length of stay (up to 90 days) in the program varies based on their treatment needs.

Pegasus House
Lawrence, MA

Highland Grace House
Worcester, MA

Qualified staff create an individualized treatment plan for each adolescent. Each youth participates in highly structured, developmentally appropriate individual, group, and family clinical services. An in-house educational coordinator develops educational objectives with the adolescent's school from his/her community. Continuing care services are provided to assist the youth in recovery upon completion. Services include relapse prevention education, follow-up planning, and integration to community resources and/or outpatient programs.

Youth Residential Treatment Programs (Continued)

The youth residential programs are funded by the Bureau of Substance Abuse Services and a sliding-scale client cost-share policy. At intake, the program will review the sliding scale with families, and if a family can contribute to the cost of treatment they are asked to, however cost should not be a barrier for youth in receiving treatment. Every effort is made to see that youth are served within their communities, as appropriate. However, programs will accept youth from across the state and will coordinate and provide transportation as needed. Programs are located in: Danvers (males), Boston (males), Springfield (males), Lawrence (females), and Worcester (females).

CAB The Adolescent Residential Program
Danvers, MA

Phoenix House Academy at Springfield
Springfield, MA

Project Rebound
Boston, MA

Call Central Intake and Care Coordination to make a residential referral or to find out more information.

617-661-3991 or toll free at 866-705-2807
TTY: 617-661-9051

www.healthrecovery.org/

Youth Residential Treatment Programs

Recovery Homes

Recovery homes offer a structured transitional living setting, for young people aged 16 to 19, working towards independent sober living. There are two gender-specific residential programs in South Boston that utilize a recovery home model.

Operated by the Gavin Foundation, Inc., the Cushing Houses provide a stabilizing transitional care residence for young men and women experiencing substance abuse problems.

The programs provide a nurturing, structured and safe environment for young people while promoting self-care, self-reliance, and community responsibility, through structured activities and the experience of living in a residential milieu. Young people may stay up to 6 months. Services include; assessment, comprehensive substance abuse treatment, mental health counseling planning and referral, case management and coordination, psycho-education, life skills enhancement, vocational/educational support, recovery support, parents support group, and after-care planning.

Call the recovery home listed below directly to make a referral or to find out more information.

Gavin Foundation
Cushing House Girls
Cushing House Boys

54-58 Old Colony Avenue
South Boston, MA 02127

617-269-2933 TTY 617-269-2944

www.gavinfoundation.org/

Youth Recovery Homes

Recovery High Schools

Recovery high schools are four-year, non-traditional public high schools for youth who are experiencing a substance use disorder. The concept of recovery high schools originated in Minnesota in 1989, as a response to the high rates of relapse among adolescents who returned from a treatment experience to a traditional high school.

The Massachusetts schools are located in Boston, Beverly, and Springfield. They have the capacity to serve approximately 30-50 students each, and each of the schools utilizes a slightly different operational model.

The schools provide a comprehensive academic curriculum that is consistent with Massachusetts State Standards, MCAS testing protocols, and course requirements of the students school district. All of the schools have the capacity to serve students who have individualized education plans (IEP).

The schools actively support students in their recovery by providing smaller class sizes, individualized attention, licensed counseling services, and daily group meetings where students have the opportunity to process issues related to both education and recovery. The schools strongly encourage and provide opportunities for parent involvement and are jointly funded by the Massachusetts Department of Public Health, Bureau of Substance Abuse Services and local school districts.

Call the recovery high schools listed below directly to make a referral or to find out more information.

William J. Ostiguy High School
19 Temple Place Boston, MA 02111
617-348-6070 TTY 617-423-9215
www.abcd.org

North Shore Recovery High School
502 Cabot Street Beverly, MA 01915
978-922-3305
www.nsedu.org

S.A.F.E./Recovery High School
334 Franklin Street Springfield, MA 01104
413-750-2484 TTY 413-750-2660
www.massrecoveryhs.org

Family Intervention Programs

Family Intervention programs utilize SAMHSA approved evidence based models (A-CRA/ACC, ARISE) to engage adolescents, young adults, and families. Presently there are five programs, supported by MDPH/BSAS, in the Commonwealth, which provide support services focused both on engaging the adolescent or adult with a substance use disorder into treatment and/or recovery services, as well as providing ongoing support, skill building, and resource development for the individual's family.

Call the family intervention program directly to make a referral or to find out more information.

Gosnold, Inc.
200 Ter Heun Drive Falmouth, MA 02540
508-540-6550 www.gosnold.org/

Institute for Health and Recovery
349 Broadway Cambridge, MA 02139
617-661-3991 www.healthrecovery.org

LUK Crisis Center, Inc.
545 Westminster Street Fitchburg, MA 01420
978-345-0685 www.luk.org/

Phoenix Houses of New England
99 Wayland Square Providence, RI 02906
401-331-4250 www.phoenixhouse.org/

Stanley Street Treatment and Resources, Inc.
386 Stanley Street Fall River, MA 02720
508-324-3599 www.sstar.org/

School-Based CASASTART Intervention Programs

CASASTART is a community-based, school-centered intervention program for youth, which has proven positive outcomes for youth, their families, and the community. CASASTART serves youth 8 to 13 years old who are at high risk for or involved in delinquency, substance abuse, or experiencing family violence, school failure, or social and behavioral problems. Case workers use a positive youth development framework and intensive case management to coordinate and provide services.
The MA Department of Public Health, Bureau of Substance Abuse Services supports the CASASTART intervention model with programs currently running in South Boston, Dorchester, and Winthrop.

Call the School-Based CASASTART program listed below to find out more information.

Wediko Children's Services
72-74 E. Dedham St. Boston, MA 02118
617-292-9200
www.wediko.org/

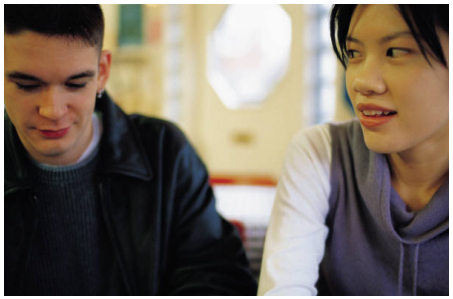
North Suffolk Mental Health Association
14 Porter Street East Boston, MA 02128
617-569-3189 or 617-501-4308
www.northsuffolk.org/

Department of Youth Services (DYS) CASASTART Intervention Programs

The MA Department of Public Health, Bureau of Substance Abuse Services has partnered with the MA Department of Youth Services (DYS) to adapt and implement a juvenile justice CASASTART model across the Commonwealth utilizing the core of CASASTART to address the needs of youth in the juvenile justice system. There are currently six sites across the state: Holyoke, Springfield, Lawrence, Lowell, Dorchester, and Roxbury. In order to participate, a youth must be willing to engage for at least one year, be at risk for using alcohol and other drugs, and have family members willing to participate.

Call DYS listed below to find out more information about the DYS CASASTART program.

Department of Youth Services
617-960-3270
617-727-7575
www.mass.gov/



ROCA

Roca is a performance-based and outcomes-driven organization that helps young people to change their behavior and shift the trajectories of their lives through a High-Risk Youth Intervention Model. Roca serves high-risk young people in Chelsea, Revere, East Boston, and Springfield, MA.

ROCA
101 Park Street Chelsea, MA 02150
617-889-521
www.rocainc.org/

Bridge Over Troubled Waters

Bridge Over Troubled Waters offers transitional housing services for homeless youth ages 16 to 21 years old. The transitional living program emphasizes responsibility, personal growth, and communication. Residents learn life skills, get help with finding permanent housing, getting a job, and/or filling out school applications.

Bridge Over Troubled Waters
47 West Street Boston, MA 02111
617-423-9575 TTY 617-423-9575 x355
www.bridgeotw.org/

SAFE

SAFE is a capacity building initiative aimed to increase treatment admissions across the Commonwealth, for underserved adolescent populations with substance use disorders. This project is funded by MDPH/BSAS and is managed by the Institute for Health and Recovery (IHR). SAFE offers consultation to adolescent providers, workshops to educate parents and community providers about available substance use treatment resources for adolescents, co-facilitation of psycho-educational drug and alcohol groups for adolescents using a train-the-trainer model, co-facilitation of parent support groups for parents with adolescents using drugs and alcohol using a train-the-trainer model and the curriculum **"Parent Time: Supporting Yourself & Your Child"**, peer leader trainings on adolescent substance use issues, and evidenced based treatment and case management services for youth with substance use issues who may not access traditional forms of treatment. IHR has also been able to introduce a **"Wellness Curriculum"**, designed to enhance existing treatment services and support recovery maintenance by promoting overall health, wellbeing, lifestyle choices and self-care.

For more information on SAFE,
Parent Time Trainings, or the Wellness Curriculum.
Institute for Health and Recovery (IHR)
617-661-3991 or toll-free at 866-705-2807

YARD Project

A collaboration of IHR, the Gavin Foundation, and the Massachusetts Organization for Addiction and Recovery, funded by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, the Young Adult Recovery Destination (YARD) offers outreach and referrals, assessments, individual counseling, group counseling, peer mentoring, home and community based services to young adults, ages 18 to 24. Located in South Boston, YARD services and activities assist young adults at all stages of treatment and recovery.

YARD Project
416 West Broadway Street South Boston, MA
617-777-0036 www.healthrecovery.org

LADDER Project

IHR and High Point Treatment Center, funded by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment works with young adults, ages 18 to 24, who have been civilly committed to High Point Men's Addiction Treatment Center (MATC), or the Women's Addiction Treatment Center (WATC). The project serves young adults from the towns of Braintree, Brockton, Quincy, Weymouth, Randolph, Stoughton, Bridgewater, and Taunton. Clinicians begin work with clients during their stay at High Point and continue treatment when they transition back to their community.

LADDER Project
617-990-6716 www.healthrecovery.org

LUK, Inc.

The Recovery Services for Adolescents and Families (RSAF), in Central MA, funded by the federal Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, was created to design and implement recovery support services for adolescents and families during treatment as well as after. Services include; monitoring & support calls, a recovery oriented social networking site, and a family support program.

LUK Inc.
545 Westminster Street Fitchburg, MA 01420
978-345-0685
www.luk.org/

SSTAR Fall River

Funded by the federal Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, SSTAR provides family centered, evidence-based substance abuse treatment for adolescents ages 12-17 who live in the Greater Fall River area. Treatment utilizes a community reinforcement approach, with the goals of capacity building, engagement and retention in treatment, increased case management, and referral to meet the needs of adolescents and their families.

SSTAR Fall River
386 Stanley St Fall River, MA 02720
508-679-5222 TTY 508-673-3328
www.sstar.org/

El Camino al Futuro

Behavioral Health Network's (BHN) El Camino program funded by SAMHSA and CSAT is a substance abuse treatment program for adolescent youth and their families, based on the Family and Adolescent Centered Treatment (AAFT) model, which includes the Assertive Community Reinforcement Approach (A-CRA) with an intensive case management component (ACC) within a well-defined wraparound system of services in the community. El Camino Al Futuro (the Way to the Future) is a behaviorally based, short term family-centered program with a strong orientation toward forging community connections to foster pro-social behavior and encourage drug and alcohol abstinence in Springfield, Massachusetts. The program serves ages 12-17.

Behavioral Health Network, Inc.
110 Maple Street Springfield MA 01105
413-304-2886 413-732-7419 www.bhninc.org

PASOS (STEPS) Program

The PASOS (STEPS) Program provides community-based substance abuse treatment and wrap-around support services for young men and women ages 18-25 with a history of substance abuse and at risk of HIV infection. PASOS services include assessments, information and referrals, HIV/AIDS/hepatitis counseling, testing and pretreatment, restoration groups, individual, group and family counseling, specialized groups for men and women, introduction to 12- step programs and crisis intervention.

Behavioral Health Network, Inc.
235 Maple Street Holyoke, MA 01040
413-532-0389 www.bhninc.org

New Wave/Nueva Onda Program

Funded by the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, the Gandara Center's New Wave/Nueva Onda Program is an outpatient substance abuse treatment and HIV rapid testing and referral program serving hard to reach adolescents and young adults aged 13-24 with substance abuse problems and co-occurring mental health disorders, who live in Springfield, Massachusetts.

Gandara Center
120 Maple Street, Suite 101 Springfield, MA 01105
413-736-4017 www.gandaracenter.org/

Hope House

Hope House provides young men between the ages of 18 and 24 with a supportive environment and intensive services as they undergo a substance recovery process. The structured, residential facility provides individual care to substance dependent young men and delivers services tailored to fit each person's unique needs and strengths in a culturally competent manner. On average, young men stay between three and twelve months, during which time they participate in peer support, self-help groups and structured focus groups. The supportive environment at Hope House helps young men recover from substance abuse and prepare to happily live independently.

Henry Lee Willis Community Center
1601 Main Street Leicester, MA 01524
508-892-1010 www.williscenter.org

Somerville Homeless Coalition, Sobriety and Stability (S&S)

In collaboration with the Department of Public Health (DPH) and the Department of Housing and Urban Development (HUD), S&S provides permanent housing and supportive services to homeless young adults, ages 18 to 24, who are recovering from addiction, and who have a strong commitment to continued sobriety.

Somerville Homeless Coalition
1 Davis Square Somerville, MA 02144
617-623-6111
www.somervillehomelesscoalition.org/

South Middlesex Non-Profit Housing Corporation (SMOC Housing Corporation)

The Young Adult Residential Case Management Program provides structured, sober housing and services for young adults, ages 18 to 24, who are homeless, and in the early stages of their recovery from drug and alcohol addiction. The program provides; peer support groups, relapse prevention support, recovery skills group, assistance in accessing medical, psychiatric, and dental care, career counseling, and GED preparation.

SMOC
300 Howard Street Framingham, MA 01702
508-620-2451
www.smoc.org/

HEAT Program

The HEAT Program, through CAB Health in partnership with the Woburn District Court offers a residential program for male and female young adults, ages 17 - 25, who have an opiate based addiction. To enter the program clients must have a limited treatment and legal history.

CAB Health
111 Middleton Road Danvers, MA 01923
978-739-7622 www.cabhealth.org/

Statewide Ballot Initiative

On November 4, 2008, MA voters passed Ballot Question 2, "An Act Establishing a Sensible State Marijuana Policy." The new law became effective on January 2, 2009. Youth under 18, who receive a citation for possessing under an ounce of marijuana, must complete a Drug Awareness Program (at least four hours of a drug awareness class), ten hours of community service, and pay a $100 fine. Classroom sessions are scheduled throughout the state based on demand. The BSAS, Question 2 Project Specialist, provides state-wide coordination of the Drug Awareness Program thru the Institute for Health and Recovery (IHR).

Institute for Health and Recovery (IHR)
617-661-3991 or toll-free at 866-705-2807
www.healthrecovery.org/

Massachusetts and National Resources

Bureau of Substance Abuse Services
www.mass.gov/dph/bsas

Massachusetts Substance Abuse Information and Education Helpline
www.helpline-online.com

Mass.Gov
www.mass.gov/

Alcoholics Anonymous
www.aa.org/

Narcotics Anonymous
www.na.org/

Massachusetts Al-Anon and Alateen
www.ma-al-anon-alateen.org/

Learn To Cope
www.learn2cope.org/

Massachusetts Organization For Addiction Recovery
www.moar-recovery.org/

Massachusetts and National Resources

Join Together
www.jointogether.org/

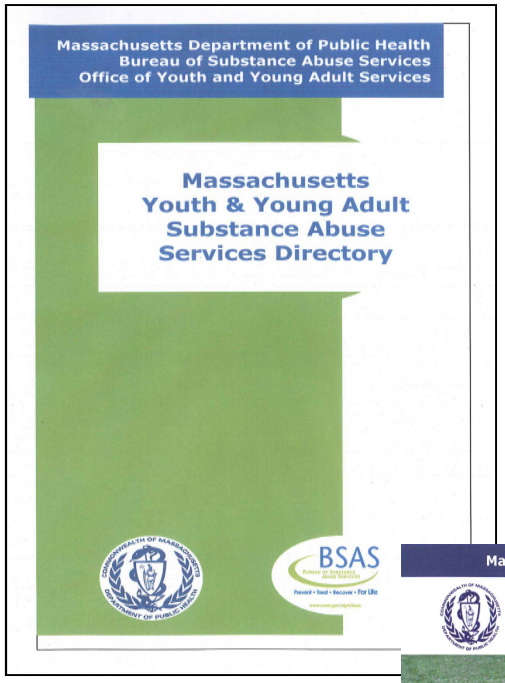
Substance Abuse & Mental Health Services Administration
www.samhsa.gov/

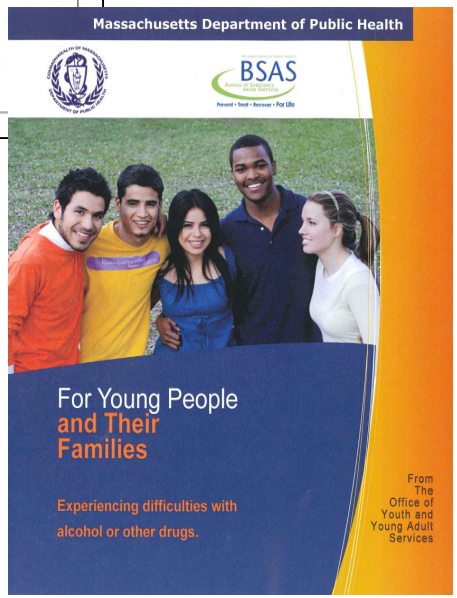
National Institute On Drug Abuse
www.nida.nih.gov/

National Institute on Alcohol Abuse and Alcoholism
www.niaaa.nih.gov/

Office of National Drug Control Policy
www.whitehousedrugpolicy.gov/

MA Department of Public Health
Bureau of Substance Abuse Services





For more information on the Directory or Family Pamphlet.

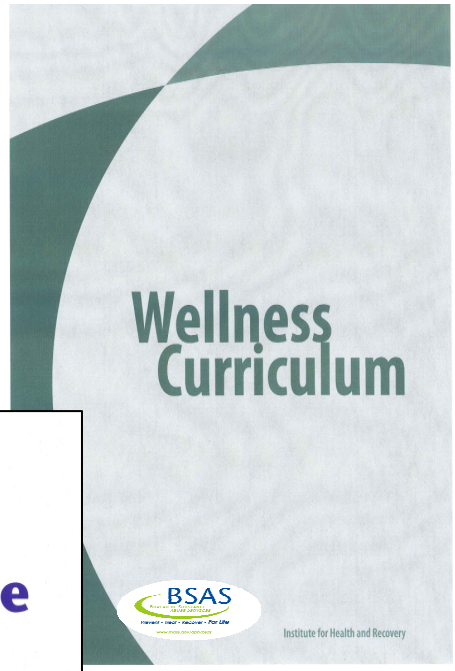
Office of Youth and Young Adult Services

617-624-5152

Pamphlets, Brochures, Curricula

Institute for Health and Recovery

For Helping Professionals.



For more information on the Parent Time or Wellness Curriculum.

Institute for Health and Recovery (IHR)

617-661-3991 or toll-free at 866-705-2807

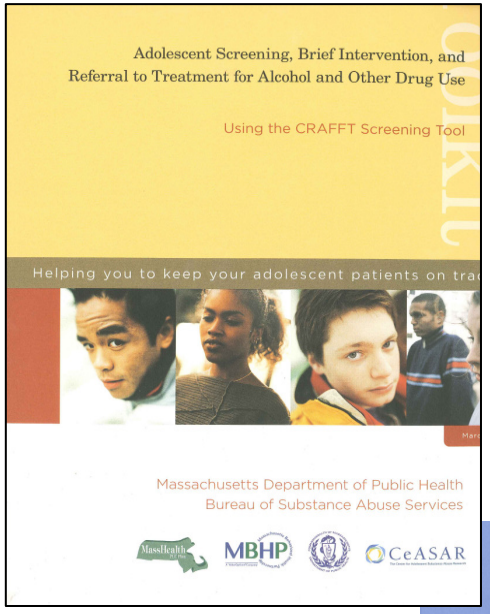
Pamphlets, Brochures, Curricula

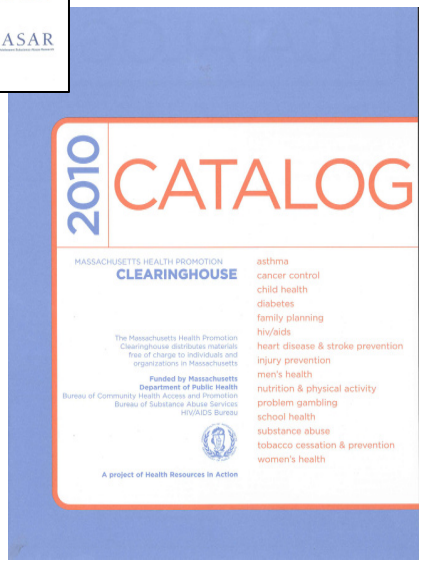
MA Department of Public Health

A sample of the many pamphlets available for free at the MA Health Promotion Clearinghouse

Pamphlets, Brochures, Curricula

MA Department of Public Health





For more information call

Consumer Information Line

1-800-952-6637

or to order free copies on-line.

www.maclearinghouse.com/

Pamphlets, Brochures, Curricula

Notes Page

For free and confidential help, with finding the right program call:

Central Intake and Care Coordination (CICC)
617-661-3991 or toll free at 866-705-2807

Detoxification & Stabilization Units

Motivating Youth Recovery (MYR)
Community Health Link
12 Queen Street
Worcester, MA 01610
508-860-1244
www.communityhealthlink.org/

The CASTLE (Clean and Sober Teens Living Empowered)
High Point Treatment Center
10 Meadowbrook Road
Brockton, MA 02301
508-638-6000
www.hptc.org/

Residential Programs

Central Intake & Care Coordination
(617) 661-3991
or (866) 705-2807
www.healthrecovery.org/

For: CAB The Adolescent Residential Program, Highland Grace House, Pegasus House, Phoenix Academy at Springfield, and Project Rebound.

Recovery Home Programs

Cushing House Girls
Cushing House Boys
Gavin Foundation
54-58 Old Colony Avenue
South Boston, MA 02127
617-269-2933
www.gavinfoundation.org/

Recovery High Schools

William J. Ostiguy High School
19 Temple Place
Boston, MA 02111
617-348-6070
www.bostonabcd.org/

North Shore Recovery High School
502 Cabot Street
Beverly, MA 01915
978-922-3305
www.nsedu.org/

S.A.F.E./Recovery High School
334 Franklin St.
Springfield, MA 01104
413-750-2484
www.massrecoveryhs.org/

MA Department of Public Health
Bureau of Substance Abuse Services
250 Washington Street, 3rd Floor
Boston, Massachusetts 02108
617-624-5111 TTY 888-448-8321
www.mass.gov/dph/bsas

Prevent · Treat · Recover · For Life

- Please distribute freely.
- To report corrections or missing information for our annual updates.

Call The Office of Youth and Young Adult Services at 617-624-5161.

5/11 bm